

Training and useful resources

The lists below are by no means exhaustive. The video and podcast resources that feature children in their own words can be used in training with staff or in direct work with children and young people.



Training

- [Children Heard and Seen](#) offers [training for professionals](#) as well as bespoke [training for schools](#) relating to children affected by parental imprisonment.
- This [Children of Prisoners Europe \(COPE\) webinar](#) explores how schools and prisons can work collaboratively to support children with imprisoned parents.
- [Corona Kids](#) offers a range of training opportunities, including [Hidden Sentence](#) which explores the impact of parental imprisonment on children and [Steps](#) which takes practitioners on a prison visit.
- [Families Outside](#) offers online [accredited training](#) for statutory and voluntary sector staff who come into contact with families affected by imprisonment, including a module focused specifically on the impact on children and young people with a family member in prison.
- [Nepacs](#) offers the following face-to-face and online training: [Hidden Sentence](#) (exploring the impact of imprisonment on families), [Parental Rights in Prison Awareness](#), and [Care Leavers Awareness](#).
- Pact offers [Hear Our Voice training packages](#) for schools, social workers and family support teams, probation, police and prisons on how to support families and children affected by imprisonment.
- [POPS](#) (Partners of Prisoners) offers a [range of workshops](#) designed to give an insight into the impact of the justice system on families.
- The [Prisoners' Families Helpline](#) website includes a series of [Prison Life Videos](#) to help children, families and practitioners understand more about life in custody.
- [Sussex Prisoners' Families](#) offers [Hidden Sentence](#) training (online or in person) which increases awareness of issues facing prisoners' families and identifies ways to support them.
- [Prison Reform Trust](#) Associate and [Churchill Fellow](#) Sarah Beresford talks about Child Impact Assessments in [this narrated PowerPoint presentation](#).
- Dr Shona Minson makes a compelling argument for not punishing children when their parents go to prison in this Radio 4 Four Thought [podcast](#).

Resources

- A ten-year-old boy, supported by Children Heard and Seen, made a short film, [A Point of View](#), about his experiences of having a parent in prison.
- [Childline](#) has [information and resources for children and young people](#), including a specific area for children who have a sibling in prison.
- The [800,000 Voices](#) animation from COPE highlights the different experiences of children with a parent in the criminal justice system.
- COPE has produced three toolkits to support practitioners: [Reading between the lines](#) is to help schools support children with a parent in prison. [Keeping children in mind](#) explores ways in which the impact on children might be taken into consideration when sentencing a parent. [Working with the police to safeguard children with a parent in conflict with the law](#) is for practitioners across the criminal justice sector looking to develop relationships with the police in their community.
- Families Outside's [Reversible Thinking](#) video challenges common perceptions of young people with a parent in prison. Their [Child Diary](#) gives voice to the daily challenges faced by children with a parent in the criminal justice system.
- Children talk about their experience of probation in this [HM Prison and Probation Service podcast](#) created for their 2022 Think Child campaign.
- Young people talk about life at school and in the school holidays, the importance of support, and what probation practitioners can do in this [HM Prison and Probation Service podcast](#) created for their 2023 Think Child campaign.
- Nepacs worked with a group of young people to create [Digital Me](#), an animated video that explores the impact of parental imprisonment on children
- Pact has a range of [videos for children and young people](#), based on actual experiences.
- Pact's [guide to working with parents in prisons](#) has been written for social workers but contains useful information for any practitioner supporting a child with a parent in the criminal justice system.
- Prison Reform Trust Associate and Churchill Fellow Sarah Beresford talks about the importance of Child Impact Assessments in this [Justice podcast](#).
- [Sophie's Story](#), a video made by Sussex Prisoners' Families, explores the impact on a young woman of having a mum in the criminal justice system.
- [Time-Matters UK](#) has created a virtual [animated art exhibition](#) which tells the stories of some of the challenges children face when a parent goes to prison.
- Young people from Time-Matters UK talk about Child Impact Assessments [in this podcast](#).
- Time-Matters UK's [Safe Together](#) booklet was written by, and for, children with a parent in prison.
- Time-Matters UK's children and young people made the booklet [My Family Member has a Probation Worker - What does this mean?](#).